



Lincoln Quilters Guild - Quilting Since 1973 - Meeting second Monday of each month September through May, 7:00 p.m.

Volume Twenty-Four, Number Four

October - November 1997

A Trip Back Through Time

Gloria Hall, a member of LQG, will present a collage of quilts from the 1930's to the 1830's. We'll be exploring the quilts made in each decade. Simple things like color, patterns, designs, blocks, and other features have repeated throughout time. By comparing the quilts and looking at these features, Gloria will give us a glimpse at the legacy the early quiltmakers left for us.

Exec Board Meeting

November 5, 7 PM, Resource Room

Hostesses for November Meeting

Jean Stauffer	Lee Luedtke
Stephanie Whitson	Cindy Hanzel
Jeanne Garvin	Janet Johnson
Lois Wilson	Janiece Goin, chair

Memo Board

Meeting: November 10

Please Return those Overdue Books!

The LQG library has a list of overdue books. We would like all members to check at home for any books they may not have returned. Thank you.

Remember to Bring:

1. Fabric nametag
2. Coffee mug
3. Santa Socks and \$1 bills to vote
4. Santa Sock - things to stuff in them - see list in article
5. Friendship Blocks
6. Money for Mini Quilts Raffle
7. Money for Mary Ellen Hopkins tickets
8. Your "legacy" quilts for show and tell

WITH A FULL HEART.....Connie

Let me be the first to wish everyone a patriotic Veterans' Day, a boy-am-I-stuffed Thanksgiving, a family-filled and blessed Christmas, and a safe and sane New Year's Eve. Being a postal worker (don't let that make you nervous..most of us are quite harmless), I really see a different side of this holiday season business. On top of the usual hectic pace of family life, my work hours expand to their peak the week between Christmas and New Year's. I really think there should be one more holiday stuck in there..HUG A POSTAL PERSON DAY! Husband, Arnie, who is also a postal person, would like to second that emotion. Wouldn't he be surprised and pleased to receive around three hundred quilter hugs?

At this point I would like to relate the power of something so simple as a hug and a word of encouragement and understanding. About seven of the ?girls? I graduated with oh-so-many-years ago, get together on occasional weekends to chat and update. Three of us are living in Lincoln, but we gather from Glenwood, Iowa, St. Joseph, Mo., Washington state, and one actually never left Auburn. We usually meet in the old hometown(Auburn), have rolls and coffee with our parents so they can giggle and reminisce with us, then take off on our own. We have gone to Nebraska City to the outlets and Arbor Lodge, but mostly we just talk and talk. In addition to my family and guild friends, these ladies have been there for me over the last year as my Mother has struggled with very serious health problems. Today, three of us traveled to the U of N Medical Center in Omaha to provide support to Ruthie, whose father was critically injured in a tragic plane crash in Auburn two weeks ago. It was such a simple thing for us to do, but what a huge benefit to Ruthie, her mother, and the family. Just to have some hugs and an understanding ear.....such powerful medicine!

My experience with quilters has shown me that, as a group, we dispense huge dosages of this medicine. I think we know that whatever love and support we provide comes back to us in infinitely greater amounts.

Better Late Than Never ?

As some of you may have noticed (if you didn't, skip right on by this article) your *Plain Print* was a little later arriving this month. We had planned it would be a LITTLE late because Kate was at International Quilt Market and would do the typing when she returned home. OK...no problem, until Saturday night about 11:10 when the power went out.

For some reason, it didn't matter how many candles we lit, Mr. Computer still wouldn't work. We tried to put the kids on

the exercise bike and hook it to Mr. Computer to generate power, but that didn't work either. The kids absolutely refused to run on a hamster wheel !!!! Talk about uncooperative!!!

The only question at our house was which is more pathetic. Kate staring longingly at the computer or sitting in front of her sewing machine sobbing!! (We seriously considered having the kids try and manually turn the sewing machine wheel, so Mom could sew -- they wouldn't help with THAT one either!!!)

Well, we finally have power...but we're very behind in getting things done. So here's your *Plain Print* with our sincere apologies.



Ornament Exchange

We will be holding our annual Ornament Exchange during the November meeting.

We want to encourage every guild member to participate in the fun. In all fairness we are requesting only quality handmade fabric and or fiber ornaments be made. Each ornament must have a name tag attached to it, indicating the name of the contributor. You will be given a red ribbon for your ornament. After the meeting you can exchange your red ribbon for a different ornament.

Please put your ornament in a brown paper bag with your name on the ornament. Thank you.

Elaine Pieper 464-3940
and *Roxann O'Hare* 785-5505

Antique Quilt Tops for Sale

Look for the sale table at the November Meeting Ruth Hicks has 2 antique quilt tops and 2 sets of antique blocks for sale. They will be available at this meeting. The proceeds from this sale will go to benefit the educational Scholarships.

Congratulations...

to LaDonna Pankoke. Her wallhanging, "Diamonds for the Kaleidoscope," has been chosen to be in one of the 1997 Hoffman Challenge traveling exhibits. There are three different wall quilt exhibits, each containing 50 quilts, one clothing exhibit with 52 items, and one doll exhibit with 40 dolls. There were a total of 818 entries.

Santa Socks



You better not cry! You better not pout! Just stitch that sock up NOW now NOW!!!

Each member is asked to make a Christmas stocking for the less fortunate. We will put a few items in each sock, such as toothbrushes, shampoo, crayons. Any kind of fabric sock that you care to make will be appreciated. Bring your completed sock to the November meeting so they can be distributed. Questions? Call Sock chairman, Martha Dennis.

THINGS TO BRING TO MEETING:
Santa sock, dollar bills to vote, sample or hotel size soap, toothpaste, shampoo

The Woodland Shoppe

opening June 1998

What is the Woodland Shoppe? It is a boutique that will be held during our upcoming quilt show. Guild members - you may sell your wares! The only fee charged is a small percentage of your sales that is retained by LQG. You are also expected to work a shift at the boutique. Start churning out those wonderful handcrafted items right away...and watch them turn to \$\$\$\$\$ next summer! Watch for sign up info in the spring. Sheila Green (483-0453) or Brenda Carlson (489-9098).

Plain Print Deadline

The deadline for submitting articles for Plain Print is: November 30 for the Dec/Jan issue.

If you have access to email, please send the article to: KATEJML@aol.com or mail it to Kate Laucomer (address is in the book). Or hand it to Connie Strope or Kate Laucomer at the November meeting.

The Enchanted Forest 1998 Quilt and Doll Show

"Oh, no, there goes that phone again. I'll just bet it is a call about "THE ENCHANTED FOREST" Quilt and Doll Show. I just can't wait till June, 1998, to get here and my home will be all mine again."

"But I have to admit I am enjoying this adventure. Maybe this is a call about Lux Middle School, at 79th and High Street, in southeast Lincoln. The 7,000 square feet that we have is going to take lots of quilts and dolls and other stuff to fill it up. I sure hope everyone is hard at work on their items. Those committee ladies have been working on the plans, experimenting with layouts, and even I have batted around some ideas. Maybe someone is calling with a question about THE WOODLAND SHOPPE. Sheila Green (# 483-0453) and Brenda Carlson (# 489-9098) have that area cornered. Oh, there will be lots of things that would make great gifts or accents to my home and it is a great place for vendors to sell their beautiful creations. I've got my list started."

"Could it be a call about the AUCTION? Kate Laucomer (# 423-461 1) is kneading this adventure into shape. There are going to be great items to bid on, even a "Shantell" by Ricky Tims. Do you have an item for the auction started yet?"

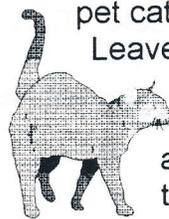
"I wonder if someone is calling about what quilt to enter. Doni Boyd (483-7526) will be pouncing on the REGISTRATION. Everyone should know that they can enter up to 5 quilts, of any size and shape. People have wondered about which quilts to enter. ALL quilts are wanted. The committee would like quilts of trees, flowers, animals, dinosaurs, fairies and fairy tales, elves, insects, bears, birds and butterflies. Anything and everything will fit into a FOREST. Wouldn't a "Sunshine and Shadow," a "Garden Path," a "Country Road," "Toad in the Puddle" or a "Puss in the Corner" be great? But I'm not going to lose any sleep over this. These quilters

have such great imaginations. There are no restrictions as to size, shape or category."

"Oh, maybe it is one of those really nice people with fabric embellishments, stuffing, or foam packing materials calling. So many generous people have brought so much wonderful stuff to my house. The garage is packed. Not even a mouse, much less the car, will be squeaking in this winter. I have been singing the praises for all this great stuff. Won't these wonderful people be amazed at how that bedspread is being turned into a giant, quilted tree OR those drapes and curtains into a mushroom table by The Mad Doll Makers. And all the fairies and creatures they are creating! I will bet my lives that people will have fun searching for and be astonished by what their donations will have been turned into."

"I hope if people are calling about RAFFLE TICKETS, they will call Karalene Smith (# 477-4788). She has ticket sales by the tail. There are other people who will be calling about white gloving, the registration table, the hanging of quilts and other jobs as the days go by. So many people will be needed and so many people want to help. This show is going to be awesome because great things happen when people work together."

"I really wish I could answer that phone and be a bigger part of this quilt and doll show. But you see, I am Jackson, Kathi's pet cat, so a big MEOW to everyone.



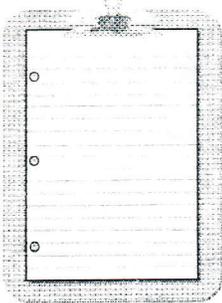
Leave your messages, questions or comments on the answering machine (Kathi is not here), and I'll see to it that she gets back to you. As busy as she is, you might remind her "cat food first" at the grocery store. I don't want to run low."

Have Quilt, Will Travel

The quilt is currently hanging at The Front Parlor Quilt Shop and will be there until the middle of November.



THE Auction



We will again be holding an auction in conjunction with the June, 1998, Quilt Show. We need MANY of you to donate items for the auction. What are we looking for? We would like

finished quilts, wallhangings, quilted items, and dolls.

At the November meeting, a clipboard (yes another one!) will be circulated. Please sign it if you are considering making something to donate to the auction.

Keep watching your Plain Print for further information. If you have any questions, contact Kate Laucomer, 423-4611.

Thanksgiving Cranberry Jello Mold



2 pkgs. Cherry Jello
1½ c. boiling water
1 can whole cranberry sauce
1 small can crushed pineapple

Combine Jello and boiling water. Let gel. Mash cranberry sauce with a fork. When Jello is the consistency of egg whites, add cranberry sauce and pineapple (including juice).

Pour into mold or oblong dish. Let set. You may also add ¼ c. chipped nuts or 1 small chopped apple when adding cranberries and pineapple. Frost with whipped topping and ground nuts.

-from Catherine Thomas

Raffle Results

Thank you for your support of our Class Scholarship Fund at the last meeting. We raffled the Mystery Gift (worth about \$60) and brought in \$52.75, so we met our expenses, but didn't earn a lot for the fund!

Congratulations to the winner, Lucy Beezley.

A word of explanation. The Guild will give scholarships to each of the classes offered this year. Every paid member of the Guild is eligible. Before the class, we put everyone's name in a hat and draw out names for the scholarships. The winners are then contacted to see if they want to use the scholarship to that class. If they agree, they get to take the class and their names are removed from the list of members still eligible. If they decline the scholarship, their name is put back in the hat for future scholarships. You may only receive one scholarship per Guild year.

SO, what can you do to help? Keep purchasing tickets.

The raffle at the November meeting will be for mini quilts - they ARE great!!! And they could be yours for a CHEAP 50¢ ticket. (OR 2 or 3 or 10 tickets!!!!)

What is a Workshop??

If you've ever asked that question, or want to expand your Guild activities, then check out the Workshop table at the November meeting. There will be members there to answer questions and even some workshop projects on display. These small groups meet on the fourth Monday of the month, and are open to all members.

CHECK IT OUT!!!!

"Birds of a Feather" - 1997 Fall Retreat

This year's fall retreat was a rousing success. Seventy-seven ladies attended and enjoyed the free time to work on their own projects. Hopefully everyone has a project or two finished to show off!

There were many good times and laughter shared, from the "Meet 'n Tweet" ice breaker the first evening, through the impromptu "Wool Grab" and the Birdhouse Ornament Challenge on Saturday, till the last good-byes on Sunday.

242 items were divided into 109 door prizes given throughout the retreat. This is due to the generosity of many shops and manufacturers. The following is a list of all who contributed door prizes and fun things for the goodie bags. Please offer your thanks and support to their businesses as a way of showing your appreciation for their support of our quilting events.

After all the bookkeeping was finished there was a final surprise for everyone. We found that we had been frugal enough to be able to offer every attendee a refund. For those of you who haven't received it yet, "the checks are in the mail."

Mickey Andersen, 1997 Retreat
Coordinator

Retreat Committee:
Diana Dreith
Lynn DeShon
Cindy Weyers

"THE ENCHANTED FOREST"
1998 Quilt and DOLL SHOW
Lux Middle School
June 12, 13, & 14, 1998
9 a.m. - 5 p.m.

NEBRASKA CONTRIBUTORS:

Ace Hardware, Sutter Place/Lincoln
Alan Lyman/Lincoln
Among Friends/(Closed)
Anna's Restaurant/Cedar Creek
Bernina Sewing Centers/Omaha
Betz's Little Shoppe/Newman Grove
Country Sampler/Omaha
Countryside Fabrics/York
Craft Village/Columbus
Creative Hands/Lincoln
Creative Notions/West Point
Fabric Fair/Seward
Fabric Gallery/Lincoln
Gloria Jeans/Lincoln & Omaha
Homespun Charm/Lincoln
House of Fabrics/8449 W Center/Omaha
House Of Fabrics/Lincoln
Husker Sew-Vac/Lincoln
Joyce's Fabrics/Superior
Just Sew/Wayne
Kanesville Quilting/Council Bluffs
Lincoln General Hospital/Lincoln
Log Cabin/Omaha
Loper Fabrics/Beatrice
Moonglow Patterns/Lincoln
Nimble Fingers/Fremont
Northwest Fabrics/Lincoln & Omaha
Pendleton Woolens/Bellevue
Quilter's Delight/ Holdrege
Sew & Vac USA/Lincoln
Sew Creative/Lincoln
Sew What's New/ Franklin
Sew-What/Columbus
Suz's Fabric Arts/Fremont
Sweetpea Patterns/Lincoln
The Apple Core/Nebraska City
The Calico House/Lincoln
The Kirk Collection/Omaha
The Sewing Basket/Nebraska City
The Silkery/Lincoln
Thread Your Needle/Lincoln
Topstitch/Blair
Total Body Concepts/Lincoln
Vogie's Quilts & Treasures/Dodge
Wal-Mart/Council Bluffs

continued on page 7

Retreat - continued

OUT OF STATE CONTRIBUTORS:

Am. Patchwork & Quilting/Des Moines, IA
Bev's Stitchery/Bueno Vista, CO
Buffalo Batt & Felt/Depew, NY
C&T Publishing/Lafayette, CA
Chitra Publications/Montrose, PA
Clearview Triangle/Snohomish, WA
CM Designs/Parker, CO
Coats & Clarke/Greenville, SC
Country Threads/Garner, IA
DMC Corp./South Kearny, NC
EZ Quilting by Wrights/W. Warren/ MA
Fairfield Processing Corp./Danbury CO
Fiskars/Rolling Meadows, IL
Guterman of America/Charlotte, NC
Hobbs Bonded Fibers/Waco, TX
June Tailor, Inc./Richfield, WI
Kanesville Quilting/Council Bluffs, LA
Keepsake Quilting/Centre Harbor, NH
Kelsul, Inc./Chesapeake, VA
Leisure Arts/Little Rock, AR
Leman, Inc./Golden, CO
Madera Embroidery Threads/Portland, OR
Michell Marketing, Inc./Chamblee, GA
Omnigrd/Burlington, WA
Possibilities/Denver, CO
Prairie Star Quilts/Elkhorn, IA
Prym-Dritz Corp./Spartanburg, SC
Q-Snap/Parsons, TN
Quilt In A Day/San Marcos, CA
Quilter's Rule, Int'l./Waterford, WI
Quilting Creations Int'l./Zoar, OH
Redux Industries, Inc./Salem, OH
Ruth's Stitchery/Colorado Springs, CO
Sew/Fit Company/Bedford Park, IL
Stears Tech. Textiles/Cincinnati, OH
Stencils and Stuff/Millersburg, OH
Sulky of America/Harbor Heights, FL
The Warm Company/Seattle, WA
Wal-Mart/Council Bluffs, IA
Warm Products/Woodinville, WA

Mini Block of the Month web site

<http://home.earthlink.net/~jwestergren/block.htm>

David Small - Paper Pieced Patterns

http://www.ici.net/cust_pages/quilter/ptrn.htm

*In response to the autobiographical story
about the Memory Clinic told by our
President at the October meeting.....a poem*

I CAN'T REMEMBER

Just a line to say I'm living, that I'm not
among the dead,
Though I'm getting more forgetful and mixed
up in the head.
I got used to my arthritis, to my dentures I'm
resigned.
I can manage my bifocals, but, Lord, I miss
my mind!

Sometimes I can't remember when I stand
at the foot of the stair,
If I must go up for something, or have I just
come down from there.
And before the fridge so often, my poor
brain is filled with doubt.
Have I just put food away, or have I come to
take some out?

And there's times when it is dark, with my
nightcap on my head,
I don't know if I'm retiring, or just getting out
of bed.
So, if it's my turn to write you, there's no
need for getting sore.
I may think that I have written and don't want
to be a bore.

So, remember that I love you and wish that
you were near,
But for now it's nearly mail time, so I must
say goodbye, my dear.
Here I stand beside the mailbox with face so
very red.
Instead of mailing you my letter, I have
opened it instead!

AUTHOR UNKNOWN

Received from Kathi Kinnaman's Aunt Nellie in
Lyons, KS

Lincoln Quilters Guild October General Meeting
October 13, 1997 7 p.m. Seventh Day Adventist Church

President Connie Strobe called the meeting to order and welcomed Lux Middle School staff, Mad Doll Makers Club, and the Heisers.

Sandy Anderson presented the program entitled "Sunbonnet Sue.....She's Back."

The minutes were approved as printed in the Plain Print. Lynn DeShon gave the treasurer's report.

Sandy Anderson shared "Silver Moments" recalling events at five year intervals starting in year two of the guild, 1974.

Announcements:

Remember to bring Santa socks to the November meeting.

Hostesses for the evening were thanked including chairperson, Linda Loker.

In October the evening workshop will meet at the Resource Room.

There is a clipboard to sign for Ricky Tims if you have quilts that you think would work for his slide show.

Nebraska Sate Quilt Guild will hold Quilt Nebraska in Lincoln July 24-26, 1998.

Voting was held to decide whether to have a vice president elect and on how the National Quilt Association funds should be spent.

The board decided to discontinue the Armstrong fabric sales. Contact Connie or Jean Davie if interested in taking over the project.

Mickey Andersen reported on Retreat.

Results of voting were vice president elect 144 - for 2- against. Mary Brooks, chair of the nominating committee will be responsible for finding nominees to complete this year's term.

Voting for spending the N.Q.A. money was 79 for option 1, adopting five quilts and 76 for option 2 t he display case. The left-

over funds will be spent on books for the guild library.

Ruth Hicks has quilt tops, which she is selling. The proceeds will go to the scholarship fund.

Kathi Kinnaman reported on the Quilt Show, which will be on June 12,13 and 14 from 9-5 at Lux Middle School There will be a quilt by Ricky Tims and two quilts from the James Collection included in the show. She requested that members save packing foam and bring it to her. It's eight months until the show.

Kate Laucomer announced that Lucy Beezley was the winner of this month's Mystery Drawing. Kate encouraged more participation in the project in order to have more money available for class scholarships.

Keep working on items for the quilt show auction.

Roxann O'Hare and Sandi Schulze announced that there were 50 friendship blocks made and presented sets to the winners of the blocks.

The meeting was adjourned to show and tell.

Barb Evans - Secretary

Don't forget to buy Raffle Tickets on the Mini Quilts

Murphy's Oil Soap is the chemical most commonly used to clean elephants.

The reason firehouses have circular stairways is from the days of yore when the engines were pulled by horses. The horses were stabled on the ground floor and figured out how to walk up straight staircases.

LINCOLN QUILTERS GUILD
Treasurer's Report
September 1997

Balance Forward \$7,600.19
August 31, 1997

Receipts:
Membership dues 1,570.00
Royalty check 39.93
Retreat 750.00
Friendship Blocks 116.00
Raffle Tickets 20.00
Program--Class 25.00
Total Receipts 2,520.93

Disbursements:
Rent (Res. Rm.) Sept. 150.00
Oct. 150.00
300.00
Meeting Rm. Sept. 85.00
Oct. 85.00
170.00

Copies 18.85
Fair Awards (3x20) 60.00
Program: Airfare 61.00
Projector & Screen 30.26
Dinner 8.78
Hotel 60.23
Program/Class 650.00
Class Room Rent 85.00
895.27

Anniversary Banner 56.30
Film 13.87
Refreshments 33.97
Membership Book 255.33
Friendship Block Fabric 194.49
Retreat: Food 465.37
Rental 2,419.00
2,884.37
Newsletter 275.84
Serv Chrg Checking Sept. 7.28

Total Disbursements 5,568.77

Balance on Hand September 30, 1997 4,552.35

MONEY MARKET ACCOUNT

Balance Forward August 31, 1997 15,697.00
Receipts: Interest 50.26

Balance on Hand September 30, 1997 15,808.88

NQA Proceeds: 5,532.75
General Funds: 10,240.40

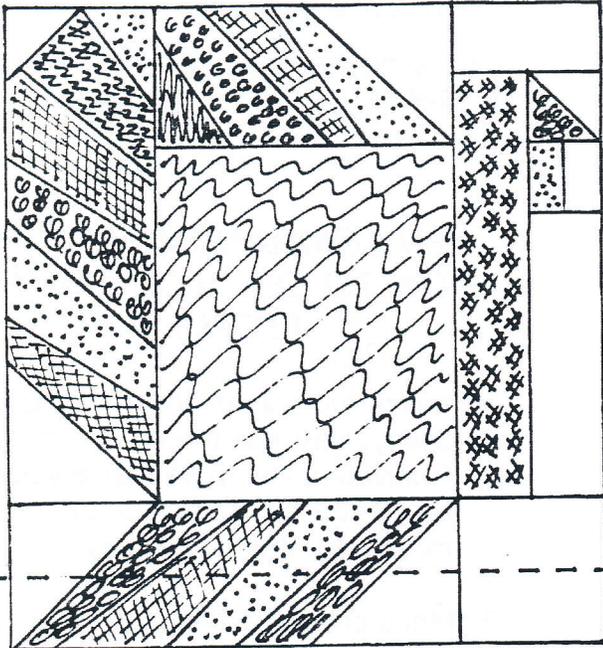
CERTIFICATE OF DEPOSIT

6 Month CD, First Bank, Matures 3/2/98
\$ 5,294.85

**TEN COMMANDMENTS OF
HOW TO GET ALONG WITH
PEOPLE**

1. Keep skid chains on your tongue; always say less than you think. Cultivate a low, persuasive voice. HOW you say it often counts more than WHAT you say.
2. Make promises sparingly, and keep them faithfully, no matter what it costs.
3. Never let an opportunity pass to say a kind and encouraging word to, or about, somebody. Praise good work, regardless of who did it. If criticism is needed, criticize helpfully, never spitefully.
4. Be interested in others, their pursuits, their work, their homes and families. Make merry with those who rejoice, with those who weep, mourn. Let everyone you meet, however humble, feel that you regard him as a person of importance.
5. Be cheerful. Don't burden or depress those around you by dwelling on your minor aches and pains and small disappointments. Remember, everyone is carrying some kind of load.
6. Keep an open mind. Discuss, but don't argue. It is a mark of a superior mind to be able to disagree without being disagreeable.

continued on page 11



For EACH Turkey cut:

Background: 5 - 2½" squares
 1 - 1½" x 2½" rectangle
 1 - 1½" x 4½" rectangle
 3 - 1½" squares

Yellow beak: 1 - 1½" square

Red waddle: 1 - 1½" square

Body fabric: 1 - 4½ x 5½" rectangle

Head & Neck: 1½ x 6½ rectangle

For feathers, you need an assortment of fabric strips. Use up your scraps! Cut a strip of your friendship fabric and use it in a feather section.

From tracing paper or freezer paper:

1 - 2½ x 7½" (side)

1 - 2½ x 4½" (top)

1 - 2½ x 6½" (bottom)

To piece beak, draw a diagonal line on the wrong side of the background square. Place background square on yellow square with right sides together. Stitch on the line. Press open so yellow is on the left and bottom sides.

To piece waddle, draw center line on wrong side of background square. Place background square on red square with right sides together. Stitch on line. Press.

Now sew:



Then add:



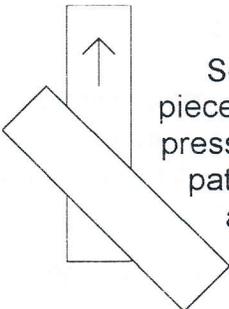
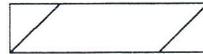
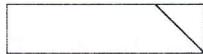
Now add top 1½ x 2½" background rectangle and bottom 2½" background square = Completed right side of turkey.

Using a pencil, mark your paper pieces as show (45 degrees):

side

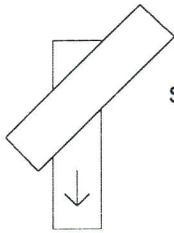
top

bottom



Sew and flip side feathers - place first strip, right side up as shown, place 2nd piece on top of that with right sides together and stitch on top dashed line, flip and press. Repeat until paper is filled to the top. Press and trim to match paper pattern. Now mark a diagonal line on 1¼" background square. Place in appropriate corner and sew on the line. Flip and press. Turkey side is now finished.

FRIENDSHIP BLOCK (continued)



Sew and flip top feathers - Repeat as side feathers except working diagonal strips as shown.

Then when finished, add 2½" square as before.

Sew and flip bottom feathers - the bottom section is a repeat of what you've done, but this time you don't have to "fill up" both ends because they each have a 2½" square (sewn on the diagonal). So "fill up" with strips to just past your lines.

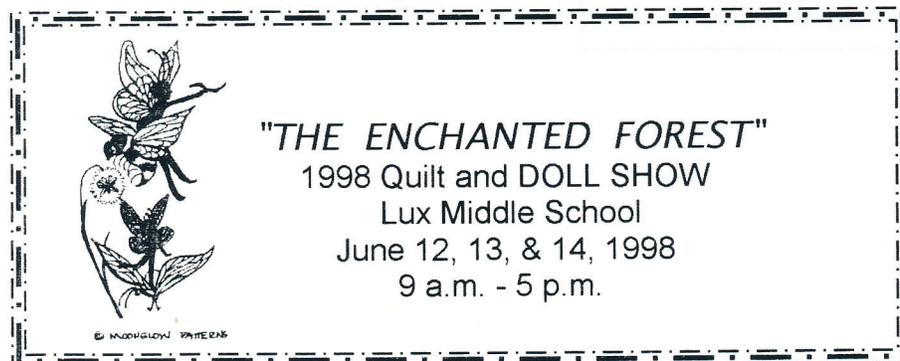
To assemble body - add the top feather to the body rectangle = middle section. Then add side feathers to middle section and last add bottom. Now add the turkey body to his head and neck section. Press

You will notice the block measures 8½ x 9½" - you need to trim off the bottom feathers so the block will measure 8½" square.

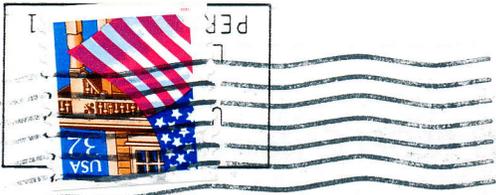
TEN COMMANDMENTS OF HOW TO GET ALONG WITH PEOPLE (continued)

7. Let your virtues, if you have any, speak for themselves. Refuse to talk of another's vices. Discourage gossip. It is a waste of valuable time and can be extremely destructive.
8. Be careful of another's feelings. Wit and humor at the other person's expense are rarely worth it and may hurt when least expected.
9. Pay no attention to ill-natured remarks about you. Remember, the person who carried the message may not be the most accurate reporter in the world. Simply live so that nobody will believe them. Disordered nerves and bad digestion are a common cause of back-biting.
10. Don't be too anxious about the credit due you. Do your best, and be patient. Forget about yourself and let others "remember." Success is much sweeter that way.

Taken from Ann Landers' column, January 13, 1977



Lincoln Quilters Guild
P.O. Box 6861
Lincoln, NE 68506



Studio
Light
Impressions

Classic Portraiture



Williamsburg Village
421-8111