Eye of the Beholder
Quilt Design

original hand and machine applique patterns inspired by the world around us

info@eobquiltdesign.com – (970) 330-6164

Reverse Appliqué Is FUN!
Fleur de Lis (10" x 12")

Lincoln Quilters Guild, May 11, 2027, 9 am – 3 pm
Taught by Margaret Brewster Willingham

Join the fun and be empowered! Make the gracefully elegant Fleur de Lis (10" x 12") block by hand with reverse appliqué for a unique, dimensional look! You will learn Margaret's quick and easy steps in the Eye of the Beholder's trace, baste, snip, and stitch process to create your block by hand. Margaret will give you pointers on how to successfully needle-turn appliqué, giving you crisp points and graceful curves. See the dimensional magic of the Fleur de Lis (10" x 12") revealed as you stitch. Make two and create a table runner; make a pillow or use as a flap on a bag. What color will you make yours? Learn with others and experience the fun and beauty of reverse appliqué by hand! eobquiltdesign.com

Supply List

Fabric requirements: Batiks or quality hand-dyed fabrics are required for this project. They are tightly woven, have a fine hand, and don't fray as much as other cottons. These qualities make it easier to needle-turn under. Additionally, they are rich in color and texture.

Think about before you cut your fabric:

- Table runner ideas:
  - Make 2 of this block, create another block for the middle and make a small reverse applique and pieced table runner. (Fleur de Lis + block + Fleur de Lis = Table Runner)
  - Cut top & background fabrics 16" x 38". Trace the Fleur de Lis design, centered on ends and 2" in on 3 sides of the background fabric, to make a table runner from solid pieces of fabric. Trim to 14" x 36" when done. (design is 1" in on 3 sides when done)
- Make pillow top or block for quilt: Center design on a larger fabric square. You determine the size.

- Flap on a bag or side of a tote bag. Cut fabric to size you determine. Center design as you trace.

For *Fleur de Lis* Block

- ***Fleur de Lis*** pattern by *Eye of the Beholder Quilt Designs* (required). Cost = $9.00 print/ $6.75 PDF. Available from eobquiltdesign.com
- 1 - 12" x 14" square of light batik, background fabric (you need to be able to see through this fabric to trace the pattern, at least with a lightbox)
- 1 - 12" x 14" square of medium – dark batik, top fabric
- Pins: 5-8 straight pins, pinning fabric to pattern to trace
  10 – 12 Safety pins for pin basting
- Mechanical pencil or Frixion gel pen * (tracing pattern onto wrong side of background fabric)
- 1 pair small, sharp scissors* (Margaret recommends our Kai 4" bent-handled, slightly blunt-tipped scissors)
- No. 7 Sharps needle for basting*
- No. 11 Milliners needle for appliqué*
- 1 spool 40wt hand cotton quilting thread* (CONTRAST COLOR to top fabric for basting)
- 1 spool of 80wt thread for hand stitching* (SAME COLORS as top and appliqué fabrics)
- **Helpful items:** Light box helpful (It may be needed, particularly if background fabric is towards the medium - dark value), Scotch tape, Needle Threader helpful for small eyed needles*; Beam N' Read personal light*

*These items available for purchase on eobquiltdesign.com

Optional Kit:

Hand Accessory Kit: cost = $30.00

1 pair Kai bent-handled, slightly blunt-tipped scissors,
1 spool hand basting thread,
1 pack No. 7 Sharps needles,
1 pack No. 11 Milliner's Needles

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WHY THE TOOLS ARE IMPORTANT!

Be ready for success!

The fabric and notions listed in our patterns are specific for a reason. They work. These are the tools I use every day in my work and will help you be successful. Our non-traditional methods do not require many tools, but having the right tools will make all the difference in the world for your stitching pleasure and success. I would hate you to be frustrated and discouraged because of the wrong tools. Please be sure to order everything you need from the website or your local shop, so you are properly prepared. Also, please check out our informative Technique Tutorials and Blogs. I want you to have the best possible experience with our patterns and methods.

Batiks or top-quality hand-dyes are the requested fabric for our projects, particularly for hand work. The reason is they have a high thread count (220). The high thread count produces a tight weave which will give you a nice "hole" when you baste with the No. 7 Sharps needle and 28 wt. basting thread (see below) and minimizes the fraying as you cut and hand stitch. Occasionally I've run into a "hard" batik, but not too often. Batiks and hand-dyes are also beautifully colored fabrics, rich in color and design, generally irrelevant which is the right side. I recommend pre-washing fabric before beginning your project. An experienced stitcher may choose silks and other beautiful, challenging fabrics to create with.

For Hand Work All items are available in the Notions section of our shop at www.eobquiltdesign.com

- **No. 7 Sharps Needles (20 needles):** Our No. 7 Sharps are John James needles that we use for basting in our trace, baste, snip & stitch process for hand reverse applique. They are a thick needle that leaves a big "hole" in the fabric because they separate the fibers of the fabric. We use this hole to see the sewing line as we remove the basting thread and replace it with the stitching line.
- **40 wt. Hand cotton quilting/ basting thread:** When basting we want a thick thread to baste with as it helps to make and keep that hole begun by the no. 7 Sharps needle in our trace, baste, snip & stitch process for hand reverse applique. It's important to see those holes so you can stitch your design accurately. You want a thread in a contrast color to your top fabric. We have natural, white, and red in stock.
- **No. 11 Milliner's Needles (10 needles and 25 needles):** These are our preferred type of hand stitching needles for hand reverse applique. They are like straw needles, but stronger, so don't easily bend. All the Milliner needles we sell are coated so they glide through batiks easily and are honed well so they have no burrs on them. The coating also cuts down on hand/ wrist fatigue. Recommended Needles are John James Gold n' Glide (10 needles), John James Signature (25 needles), and Colonial Needle brand (10 needles).
- **Kai 4" bent-handled slightly blunt-tipped scissors:** An Eye of the Beholder EXCLUSIVE. The bent-handled shape makes them the ideal scissor for trimming out your fabric to create your seam allowance- the blade and fabric can lay flat while cutting. Because the fabric is flat it minimizes boo-boos. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip glides along the fabric and doesn't snag the background fabric when you are between your top and background fabric; also minimizing boo-boos. These scissors open and close easily, cutting down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go-to scissors beyond reverse applique, too.

- Hand Accessory Kits 2 convenient start-up kits for hand reverse applique

- **Hand Accessory Kit 1. Cost = $31.00:** 1 – pack No. 7 Sharps needles for basting; 1 – pack No. 11 Milliner's needle for hand reverse appliqué; 1 spool natural color 28 wt. cotton thread for basting; Kai 4" bent-handled, slightly blunt-tipped scissors for hand work.
- **Hand Accessory Kit 2. Cost = $23.00:** 1 – No. 7 Sharps needles for basting; 1 – No. 11 Milliner's needle for hand reverse appliqué; 1 spool natural color 28 wt. cotton thread for basting; Kai 4" bent-handled, slightly blunt-tipped scissors for hand work.

- **80 wt. Aurifil cotton thread for applique:** This is my favorite thread for hand reverse applique and applique. I love it because it is super fine, so it disappears in my fabric, yet it has fibers to grip the fabric as I sew. You want a thread in a matching color to your top fabric. We have an assortment of colors in stock and a few mola thread kits.
- **Kai 4" straight blade slightly blunt-tipped scissors:** An Eye of the Beholder EXCLUSIVE. I use these scissors to clip my points and curves after trimming them out. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip doesn't catch on to the background fabric when you are between your top and background fabric which minimizes

boo-boos. These scissors open and close easily which cut down on hand/ wrist fatigue, and the vanadium steel holds its edge. The straight shape helps to make my clips perpendicular to the basting line.
- **Desktop Needle Threader:** I use and rely on this device to thread my No. 11 Milliner's needles. It keeps me sewing.
- **Beam N' Read Personal Light and USB/AC Adaptor (items sold separately):** A fabulous battery-operated personal light that puts light where you are looking. It's great for all hand work, at a sewing machine, the long arm, or when the power goes out or for reading in bed, too. Save batteries by plugging in with the **USB/AC adaptor** to an outlet or a USB port.
- **Frixion Gel Pens**: in Black or Blue these make tracing the pattern onto the wrong side of my background fabric a breeze. I would never mark the front of my quilt with these pens as they weren't designed for fabric, but the wrong side of my background fabric will be hidden away inside my quilt when the piece is all done.
- **Magic Thread:** Run your hand sewing threads through your pot of Magic thread before threading your needle and see how easily your thread glides through your fabric as you stitch. Magic Thread reduces static and moisturizes the thread, so it tangles and knots less.
- **Needle Grips-Ita:** Adhesive backed, clear rubber dots. Position them on your index finger and thumb for grabbing and pulling your needle through with ease. Saves hand/ wrist strain. Or use, as I do, as a light finger protector for pushing the needle through, like a thimble.

For Machine Work All items are available in the Notions section of our shop at www.eobquiltdesign.com
- **Flexi-Fuse:** This is a double-sided, paper-backed iron-on fusible that is lightweight yet adheres well. When your piece is done and washed, your quilt piece is supple. Flexi-Fuse comes 21" wide in 3 lengths: 1 yd x 21", 2 yds x 21" or 3 yds x 21".
- **Terial Magic:** a spray-on stabilizer defined as "Best Press on steroids", and just about the only stabilizer I use. We use it to stabilize fused fabric pieces before stitching machine reverse applique. Spray it on, let dry 15-20 min. and iron dry the rest of the way. Depending on how much you use it stiffens your fabric like paper, so it won't pucker into your satin stitch. Also great for machine embroidery, applique or if you need to stabilize bias cut quilt pieces. When you are done it just washes out. It can also be used with 3-D art pieces.
- **Kai 4" bent-handled sharp-tipped scissors:** I use these scissors to cut out all my fused reverse applique pieces. The tips are so sharp I can poke right on the edge of the design, and their small size gives me great maneuverability and precision. The bent-handled shape keeps the blade and fabric flat on the table and my cutting hand off the piece as it cuts. These scissors open and close easily, cutting down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go-to scissors, using them to un-sew seams and satin stitches.
- **Machine Accessory Kit:** A convenient start-up kit for machine reverse applique that includes: 1 – 21" x 1 yard piece of Flexi-Fuse; 1 – 16 oz. Terial Magic; Kai 4" bent-handled, sharp-tipped scissors for machine work. (Cost = $45.00)

Other helpful products: All items are available in the Notions section of our shop at www.eobquiltdesign.com
- **Pin Pals**: I use my Pin Pal to hold my Kai scissors. The Pin Pal stays in place with 2 magnets-one in front and one in the back. Of course, you can also use it to keep your pins handy.
- **Needle Cases**: Store your hand sewing needles in style with these beautiful wood-turned needle cases. We carry an assortment of colors, so you can separate your needles and buy a case for each style you use.
- **No. 9 and No. 10 Hand Quilting Needles (10 needles):** Our No. 9 and No. 10 Hand quilting/ Between needles are John James needles are what we use for hand quilting. They are Gold N' Glide, which means they will glide smoothly through your quilt sandwich. All John James needles are honed well so there are no burrs.
- **Perfect Piecing Foundation Sheets:** These are fabulous for paper-piecing as they are like lightweight interfacing. You can run them through a printer to print your foundation patterns on them. You can easily see through them for positioning your pieces, and when finished, you can leave the Perfect Piecing Foundation Sheet in your block for added stability.
- **Stabilizer for Silk & T-shirts:** A lightweight, iron-on interfacing/ stabilizer by Rowley. It feels like a piece of lingerie with glue on one side for fusing onto silk or T-shirts. It tames the fraying of silk fabric yet keeps the suppleness of silk. With T-shirts it manages the curling of woven knits, gives it body yet keeps them soft and supple, too.
- **Roxanne's basting glue:** A must-have product for holding the sashing strips in place when doing our quilt-as-you-go class. Also helpful for a fast method of doing bindings...temporarily glue first and then machine sew close to the seam. Heat sets it, and then it washes out. Choose 1 oz or 2 oz bottles.
- **Quilt-As-You-Go Handbook:** Explains the steps of Pauline Rogers' Quilt-As-You-Go method with all her experiential tips. She gives ideas for quilting and goes beyond the basics of quilting as you go, covering other uses for the sashers for making sashing, spacers, bias, trim and bindings. The handbook includes pages for making your own personal notes.
- **Sasher Collection – ultimate, small, and x-small:** Make an assortment of sizes of sashings from 1/8" – 4" quickly for use in our Quilt-as-You-Go classes without burning your fingers. Ultimate set has 12 different sasher sizes, or get the single 1" sasher, and the x-small is a ½" sasher. It can also be used for making bias, bindings, and trims.