## Medallion Frame \#L

 2-20" x 4" finished strips

Fabric A
4-4 $1 / 2$ " squares (A)
$4-27 / 8^{7}$ squares (D)
2-5 $1 / 4$ " squares ( $F$ )
Fabric B
1-5 $1 / 4$ " square (C)
Fabric C
8-2 $1 / 2$ " squares (B)
2- $5^{1 / 4}$ " squares ( E )


Place an E \& F square right sides together. Draw a diagonal line as shown and stitch $1 / 4$ " from both sides of the line. Cut along diagonal line to create two half square triangles (HST). Repeat to make a total of four HSTs.


Place two HSTs right sides together with opposite colors atop one another. Draw a diagonal line as shown and stitch ${ }^{1 / 4}{ }_{4}^{\prime \prime}$ from both sides of the line. Cut along diagonal line to create two hourglass blocks. Repeat to make a total of four hourglass blocks.


Use the C squares and D squares to make Four at a Time Flying Geese blocks. Draw a diagonal line on the wrong side of the D squares and stitch $1 / 4$ " from both sides of the line. Cut along drawn diagonal line and press to make two partial Flying Geese units.


Place another D square with diagonal line as shown above. Stitch ${ }^{1 / 4}$ " from both sides of the line. Cut along drawn diagonal line and press to make two Flying Geese units. Repeat to
 make a total of four Flying Geese blocks.


Use an A square and two B squares to make an Angled Block. Draw a diagonal line on the wrong side of the B squares. Place two B squares on opposite sides of an A square, right sides together and stitch along lines. Trim as shown and press. Repeat to make three additional blocks.


Join two Angled Blocks as shown to complete the center section of the strip. Repeat to make two center sections.


## Layout an Hourglass Block with a Flying Geese block as shown. Stitch together as shown completing four of each set.



Layout block sets as shown and stitch together. Press. Repeat to make a total of two strips.


Arrange completed Frame strips on top and bottom of the Medallion Center and stitch as shown.

